

LOUNGE MENU

Served daily until 5pm

BREAKFAST

Served till 11am

Grilled breakfast sourdough bap	
grilled back bacon, local farmhouse sausage <i>652kcal</i>	£6.50
glamorgan spinach and cheese sausages <i>693kcal</i>	£6.50
add a fried free range egg <i>85kcal</i>	£1
Freshly baked croissant <i>261kcal</i>	£7.50
served with your choice of hot drink	
Freshly made porridge <i>298kcal</i>	£5
plain, or with apple, cinnamon and sultanas	
Award-winning side oven bakery granola <i>259kcal</i>	£4.95
with natural yoghurt and berries	

LUNCH

Served from 12pm to 5pm

BENEDICTS

All served on toasted English muffin, poached eggs and hollandaise sauce

Classic – honey roasted Cumbrian ham <i>874kcal</i>	£12.95
Royale – smoked salmon <i>596kcal</i>	£11.95
Florentine – wilted spinach <i>567kcal</i>	£10.95

Pancakes – smoked streaky bacon – maple syrup <i>664kcal</i>	£12.75
Brie, cranberry and tomato toastie <i>564kcal</i>	£12.50
add smoked bacon <i>246kcal</i>	£1.50

SOUP AND SANDWICHES

White or wholemeal bread, hand cut crisps and salad pot

Honey roast ham with piccalilli <i>216kcal</i>	£9.75
Mature cheddar , cider apple chutney <i>223kcal</i>	£9.75
Roast chicken , lemon and herb mayonnaise <i>303kcal</i>	£9.75
Prawn and crayfish , crispy gem lettuce <i>247kcal</i>	£9.75
Soup and sandwich combo	£11.50
any cold sandwich with a mug of today's soup	
Today's freshly prepared soup <i>213kcal average</i>	£7.50
with 'more?' sourdough and smoked butter (v)	

BUFFET LUNCH
Monday – Friday – 12pm - 2pm
A selection of Chef's hot and cold dishes served from the buffet
including soup, salads and desserts £18.95 per person

SIDES

Hand cut chips <i>242kcal</i>	£5.40
Sweet potato fries <i>214kcal</i>	£5.40
Beer battered onion rings <i>206kcal</i>	£5.40
Heritage tomato salad , rocket, parmesan, aged balsamic <i>49kcal</i>	£5.40

Allergen Information – we really want you to enjoy your meal with us – if you'd like information about ingredients in any dish, please ask and we'll happily provide it. (V) is suitable for vegetarians.
Prices include VAT. Calorie information: Adults need around 2000kcal per day.

CLASSICS

Classic club sandwich <i>580kcal</i>	£18.95
char-grilled chicken, bacon, free range egg mayonnaise, tomato and baby gem, served with fries	
Classic BLT <i>805kcal</i>	£15.95
smoked streaky bacon, crisp gem lettuce and beef tomato on beer sourdough bun, with mustard mayonnaise and fries	
FYR beef burger <i>225g 1404kcal</i>	£18.75
sourdough bun, beef tomato, pickle, crisp gem lettuce, our burger sauce, fries and smoked Applewood cheese	
with bacon <i>1464kcal</i>	£19.25
Thwaites 'original' beer battered fish and chips <i>1132kcal</i>	£19.20
mushy peas, homemade tartare sauce and lemon	
Piri piri spiced chicken and vegetable FYR kebab <i>902kcal</i>	£23
Mr Vikki's sweet chilli jam, fries, house 'slaw and roti bread	
Char-grilled vegetable and spiced halloumi FYR kebab <i>675kcal</i>	£16.95
Mr Vikki's sweet chilli jam, fries, house 'slaw and roti bread	
10oz sirloin steak <i>885kcal</i>	£33.75
aged for a minimum of 28 days and served with thick cut chips	

FOR AFTERS

Jen's famous sticky toffee pudding <i>673kcal</i>	£8.50
vanilla ice cream, butterscotch sauce	
Selection of artisan ice creams and sorbets <i>228kcal average per scoop</i>	1 scoop £3.50
vanilla, red cherry or double chocolate	2 scoops £6.50
	3 scoops £8.50
Spiced apple crumble <i>462kcal</i>	£9
clotted cream ice cream	
Freshly baked scone <i>737kcal</i>	£4.50
strawberry jam and clotted cream	

DRINKS

Taylors of Harrogate tea - Choose from:	£4.95
English breakfast <i>(48Kcal)</i> , earl grey <i>(48Kcal)</i> , darjeeling <i>(48Kcal)</i> , green <i>(0Kcal)</i> , sweet rhubarb <i>(0Kcal)</i> , organic chamomile <i>(0Kcal)</i> , blackberry & raspberry <i>(0Kcal)</i> or decaffeinated breakfast <i>(48Kcal)</i>	
Prestigioso café – smooth and sophisticated, Brazilian single origin 100% Arabica bean coffee	
Cappuccino <i>(97Kcal)</i> , americano <i>(49Kcal)</i> , latté <i>(97Kcal)</i> , mocha <i>(195Kcal)</i>	All at £4.95
Double espresso <i>(0Kcal)</i> , flat white espresso <i>(48Kcal)</i> or cortado <i>(0Kcal)</i>	£3.50
Hot chocolate – made with either hot water or milk <i>(194Kcal)</i>	£4.50